

# tennis matters



**Wheelchair Tennis**  
South Africa

**Edition 3** 4<sup>th</sup> Quarter 2010

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To ensure the newsletter remains informative and relevant, we welcome your comments and contributions.

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## 2010 Tournament Calendar

12-16 December  
**ACSA FS Open**  
Oud Studeinte, Bloemfontein  
Future

## 2011 Tournament Calendar

18-22 April  
**ACSA SA Open 2011**  
Sun City  
Grade 1

25 April-1 May  
**World Team Cup 2011**  
University of Pretoria

29 June – 3 July  
**ACSA Polokwane Open 2011**  
Polokwane  
Grade II

4-7 July  
**ACSA Pretoria Open 2011**  
Pretoria  
Future

3-6 October 2011  
**ACSA Soweto Open 2011**  
Soweto  
Future

7-10 December  
**ACSA Border Open 2011**  
Grade III

12-15 December  
**ACSA Jhb Open 2011**  
Johannesburg

## A WATERSHED YEAR FOR WTSA DEVELOPMENT



The number of new players joining WTSA has expanded exponentially, forcing those wanting to play in our international events, and rub shoulders with SA's best, to play more and play harder to get there.

Coaches now run local qualifying events each quarter. The selected players are then invited to a national future star camp and tournament where the countries most promising Future Stars receive coaching and play for a wild card into that quarters international event.

For more info please speak to Siya 082 679 3772 or Pat 082 679 3768

## ITF WORLD TEAM CUP 2011

### WTSA NEEDS YOU!!

We are looking for volunteers to assist at the event. If you are interested, please contact Karen on 083 325 1169 or by email on [Karen@tennis.co.za](mailto:Karen@tennis.co.za).

## ARE YOU READY TO PLAY?

When travelling to play in a tournament always make sure that you take everything with you that is important to maintaining your daily lifestyle as well as all your tennis equipment.

Here is a check list which hopefully will assist you in your planning.

### Tournament Check List

#### Tennis equipment:

- ✓ Properly maintained clean chair
- ✓ Spare tyres and tubes
- ✓ Tool kit
- ✓ Straps, cushion, wheels and axles
- ✓ Racquet bag
- ✓ Tennis racquets
- ✓ Spare grips and strings
- ✓ Hat or cap
- ✓ Spare change of tennis clothing, warm top, tennis shoes
- ✓ Sun screen
- ✓ Plasters for blisters
- ✓ Creams to relieve sore tired muscles, ice pack
- ✓ Sun glasses
- ✓ Spray bottle for cooling
- ✓ Water bottle.
- ✓ Special supplements like energy bars and drinks.

#### Everyday survival kit:

- ✓ Cell phone
- ✓ M3/ iPod
- ✓ Money
- ✓ ID
- ✓ Keys
- ✓ Lap top

Please remember your **personal hygiene is the most important factor**, so always make sure that you have all your prescription medicine, including anti-biotics, catheters, nappies etc which will take care of any emergency. Headache and diarrhoea tablets (Lomotil) along with your personal toiletries.

#### General:

- ✓ Clean change of clothing every day
- ✓ Jersey
- ✓ Jacket
- ✓ Casual shoes
- ✓ Book to read or a card game for "time out"
- ✓ Bus or flight ticket
- ✓ Contact numbers of tournament officials
- ✓ Details of transport and accommodation arrangements.

## ITF Ranking

15 Nov 2010

ITF	Name	
<b>RSA</b>		
<b>Mens Singles</b>		
33	Mathonsi Sydwell	1
61	Nyasha Mharkurwa	2
87	Maripa, Evans	3
89	Monyamane, Desmond	4
114	Ramakoatsi, Frank	5
152	Selepe, Patrick	6
164	Tshipuke, Ishmael	7
170	Marsh, Marshall	8
224	Els, Leon	9
229	Boggs, Warren	10

<b>Mens Doubles</b>		
45	Mathonsi, Sydwell	1
77	Maripa, Evans	2
87	Monyamane, Desmond	3
103	Nyasha Mharakurwa	4
119	Ramakoatsi, Frank	5
133	Selepe, Patrick	6
160	Makwela, Tshepo	7
169	Anderson, Malcolm	8
221	Els, Leon	9
238	Marsh, Marshall	10

<b>Womens Singles</b>		
18	Montjane, Kgothatso	1
50	van der Meer, Rose	2
61	du Toit, Celia	3
68	Mabel Mankgele	4
101	Fuma, Siphokazi	5
102	Moremi, Nancy	6
104	Sibanda, Tsholofelo	7
122	Venter, Mariska	8
125	Hlatswayo, Thondalwethu	9
134	Rasila, Kgothatzo	10

<b>Womens Doubles</b>		
31	Montjane, Kgothatso	1
42	Mooketsi, Reilfwe	2
52	van der Meer, Rose	3
75	du Toit, Celia	4
79	Moremi, Nancy	5
85	Mankgele, Mabel	6
90	Colley, Dianne	7
95	Fuma, Siphokazi	8
95	Mredlane, Busiswe	8
110	Sibanda, Tsholofelo	10

<b>Quads Singles</b>		
29	Sithole, Lucas	1
44	Kekai, Steven	2
58	Mathebula, David	3
61	Degenaar, Luan	4
69	Gallant, Fernando	5
73	Mokobodi, Abigail	6
78	Truter, Peter John	7

<b>Quads Doubles</b>		
37	Sithole, Lucas	1
44	Kekai, Steven	2
45	Mathebula, David	3
46	Degenaar, Luan	4
54	Gallant, Fernando	5